



# ST. LAWRENCES PRIMARY SCHOOL CANTEEN MENU - TERM 1 2019



<b>MONDAY</b>		<b>EVERYDAY CHOICES</b>	
Hotdog	\$4-50	Ham/chicken OR tuna & salad plate (incl. ½ boiled egg)	\$5-50
Hamburger & salad	\$5-00	Salad only plate (incl. 1 boiled egg)	\$5-00
Hot chicken & mayo roll	\$5-00		
Nachos (with sour cream)	\$5-00	Fried Rice OR Satay Chicken With Rice	\$5-00 ea
		Lasagne OR Macaroni Cheese	
		Twista Pasta Bolognese	
<b>WEDNESDAY</b>		Mini quiches	\$1-50 ea
4 x chicken nuggets (with tomato sauce) & salad	\$4-50	Fruit salad	\$5-50
Fish burger & salad (with mayo)	\$5-00	Mexican salad (GF)	\$5-50
Nachos (with sour cream)	\$5-00	Zucchini slice & salad	\$5-00
		<u>WRAPS</u>	
<b>FRIDAY</b>		Ham/chicken/egg OR tuna & salad	\$5-50
'Sweet chilli' chicken wraps (2 x chicken tenders/lettuce/carrot/tomato/cucumber & mayo OR sweet chilli sauce)	\$6-50		
Sausage roll	\$3-00	<u>SANDWICHES &amp; ROLLS (wholemeal)</u>	
Large meat pie	\$4-00	Salad only sandwich (lettuce/carrot/cucumber/tomato)	\$3-50
Mini pies	\$1-50 ea	Ham/chicken/egg OR tuna is an extra	\$1-00
Pizza (ham/cheese/pineapple)	\$3-50	Vegemite <u>OR</u> honey sandwich	\$2-00
Sauce (single portion)	50c	Cheese sandwich	\$2-50
		Plain egg <u>OR</u> curried egg sandwich	\$3-00
<b>DRINKS</b>		Extras – cheese/avocado/egg/red onion/capsicum <u>OR</u> beetroot	50c ea
<u>Flavoured milk</u>	\$2-50	Sauces –tomato sauce/mayo <u>OR</u> sweet chilli	50c ea
(choc OR strawberry) - 250ml		Rolls	50c extra
<u>Plain milk</u> - 200ml	\$1-50	GLUTEN FREE BREAD (please add \$1 to order)	\$1 extra
<u>Bottled water</u> - 600ml	\$1-50	<u>TOASTED SANDWICHES (wholemeal)</u>	
<u>Harvey Fresh 100% fruit juice box</u>	\$1-50	Plain cheese	\$3-00
(apple/ orange <u>OR</u> tropical) - 250ml		Baked beans OR spaghetti	\$3-00
		Ham & cheese OR chicken & cheese	\$3-50
		Ham/cheese & tomato OR chicken/cheese/tomato	\$4-00
		Ham/cheese & pineapple OR chicken/cheese/pineapple	\$4-00

<p><b><u>RECESS TREATS</u></b></p> <p>Apple slinkies \$1-00            BYO apple for slinky 20c            Vegemite rolls (1/2) 50c            Pikelets 50c            Fruit muffins, scones, biscuits, etc.. 50c            Cheesymite pastry scrolls 50c            Survival snackpack (pretzels/popcorn/sesame snacks OR cheese rice crackers) 50c            Cheesies \$1-00            Pizzas \$1-50            Jelly \$1-00            Milo \$1-00</p>		<p><b><u>STATIONERY</u></b></p> <p>Packs of 10x lunchbags \$1-00</p> <p>Pencils/pens \$1-00            Rulers/Sharpener \$1-00            Rubbers \$1-00            Hand hugger pencils \$1-50</p>	
<p><b><u>ICE CREAM'S &amp; ICY TREATS (lunchtime)</u></b></p> <p>Rainbow Paddlepop \$2-00            Chocolate Paddlepop \$2-00</p> <p>Icy Twist Paddlepop \$1-50</p> <p>Icecream bucket (Bulla-GF) \$2-00</p> <p>Icy poles \$1-00</p> <p>Icecups (frozen fruit juice <u>OR</u> frozen flavoured milks) \$1-00</p>		<p><b><u>PLEASE INCLUDE 20c WHEN ORDERING ON AN ENVELOPE FOR A LUNCHBAG.</u></b></p> <div data-bbox="1276 857 1556 1170" data-label="Image"> </div> <p>Thank you!            Tania            😊</p>	<p>20c</p>