



ST. LAWRENCES PRIMARY SCHOOL CANTEEN MENU - TERM 4 2018



<p>MONDAY Hotdog \$4-50 Hamburger & salad \$5-00 Hot chicken & mayo roll \$5-00</p>		<p>EVERYDAY CHOICES Ham/chicken OR tuna & salad plate (incl. ½ boiled egg) \$5-50 Salad only plate (incl. 1 boiled egg) \$5-00</p>	
<p>WEDNESDAY 4 x chicken nuggets (with tomato sauce) & salad \$4-50 Fish burger & salad (with mayo) \$5-00</p>		<p>Fried Rice OR Satay Chicken With Rice \$4-50 ea Lasagne OR Macaroni Cheese Twista Pasta Bolognese</p>	
<p>FRIDAY 'Sweet chilli' chicken wraps (chicken tenders/lettuce/carrot & mayo OR sweet chilli sauce) \$5-50 Sausage roll \$3-00 Large meat pie \$4-00 Mini pies \$1-50 ea Pizza (ham/cheese/pineapple) \$3-50 Sauce (single portion) 50c</p>		<p>Mini quiches \$1-50 ea Fruit salad \$5-00 Mexican salad (GF) \$5-00 Zucchini slice & salad \$5-00</p>	
<p>DRINKS <u>Flavoured milk</u> (choc OR strawberry) - 250ml \$2-50 <u>Plain milk</u> - 200ml \$1-50 <u>Bottled water</u> - 600ml \$1-50 <u>Harvey Fresh 100% fruit juice box</u> (apple/ orange OR tropical) - 250ml \$1-50</p>		<p><u>WRAPS</u> Ham/chicken/egg OR tuna & salad \$5-50</p> <p><u>SANDWICHES & ROLLS (wholemeal)</u> Salad only sandwich (lettuce/carrot/cucumber/tomato) \$3-50 Ham/chicken/egg OR tuna is an extra \$1-00 Vegemite OR honey sandwich \$2-00 Cheese sandwich \$2-50 Plain egg OR curried egg sandwich \$3-00</p> <p>Extras – cheese/avocado/egg/red onion/capsicum OR beetroot 50c ea Sauces –tomato sauce/mayo OR sweet chilli 50c ea Rolls 50c extra GLUTEN FREE BREAD (please add \$1 to order) \$1 extra</p> <p><u>TOASTED SANDWICHES (wholemeal)</u> Plain cheese \$3-00 Baked beans OR spaghetti \$3-00 Ham & cheese OR chicken & cheese \$3-50 Ham/cheese & tomato OR chicken/cheese/tomato \$4-00 Ham/cheese & pineapple OR chicken/cheese/pineapple \$4-00</p>	

<p><u>RECESS TREATS</u></p> <p>Apple slinkies \$1-00 BYO apple for slinky 20c Vegemite rolls (1/2) 50c Pikelets 50c Fruit muffins, scones, biscuits, etc.. 50c Cheesymite pastry scrolls 50c Survival snackpack (pretzels/popcorn/sesame snacks OR cheese rice crackers) 50c Cheesies \$1-00 Pizzas \$1-50 Jelly \$1-00 Milo \$1-00</p>		<p><u>STATIONERY</u></p> <p>Packs of 10x lunchbags \$1-00</p> <p>Pencils/pens \$1-00 Rulers/Sharpener \$1-00 Rubbers \$1-00 Hand hugger pencils \$1-50</p>	
<p><u>ICE CREAM'S & ICY TREATS (lunchtime)</u></p> <p>Rainbow Paddlepop \$2-00 Chocolate Paddlepop \$2-00</p> <p>Icy Twist Paddlepop \$1-50</p> <p>Icecream bucket (Bulla-GF) \$2-00</p> <p>Icy poles \$1-00</p> <p>Icecups (frozen fruit juice <u>OR</u> frozen flavoured milks) \$1-00</p>		<p><u>PLEASE INCLUDE 20c WHEN ORDERING ON AN ENVELOPE FOR A LUNCHBAG.</u></p> <div data-bbox="1276 857 1556 1170" data-label="Image"> </div> <p>Thank you! Tania & Mary 😊</p>	<p>20c</p>