

## **PASTORAL CARE & WELL BEING**

## LOOKING AFTER EACH OTHER

At St Lawrence's, we would like to ensure that

*everyone feels safe and supported* during this period of self isolation and remote learning.

If you need some additional support for yourselves or your children please look up the following links:

https://beyou.edu.au/learn/family-partnerships https://headtohealth.gov.au/ https://headspace.org.au/eheadspace/ https://kidshelpline.com.au/ https://helpingminds.org.au/covid-19/